



AVENUE WOODS

NEWS NOVEMBER - DECEMBER 2020

www.avenuewoods.com

IMPORTANT DATES

- Nov. 1st – All Saints’ Day
- Nov. 1st – Daylight Savings Time Ends
- Nov. 3rd – Election Day
- Nov. 11th – Veterans’ Day
- Nov. 26th – Thanksgiving Day
- Dec. 10th – Hanukkah Starts at Sundown
- Dec. 21st – 1st Day of Winter
- Dec. 24th – Christmas Eve
- Dec. 25th – Christmas Day
- Dec. 26th – Kwanzaa
- Dec. 31st – New Years’ Eve



DAYLIGHT SAVINGS ENDS
Turn back your clock 1 hour
November 1, 2020.

ELECTION DAY
TUESDAY, NOVEMBER 3, 2020



YOU CAN HELP STOP THE SPREAD OF COVID-19



Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands.

Stay at least 6 feet (about 2 arms’ length) from other people. Keeping distance from others is especially important for people who are at higher risk of getting very sick.



All individuals in Ohio must wear facial coverings in public at all times when:

- At an indoor location that is not a residence.
- Outdoors, but unable to maintain six-foot social distance from people who are not household members.

The order only requires those 10 years old or older to wear a mask.

Stay home as much as possible.

WELCOME NEW RESIDENTS!

Learn more about what’s going on in the community at our website: www.avenuewoods.com

WE’RE HAPPY TO HELP YOU STAY SAFE

In order to help everyone stay safe, please do not come to office if you are sick or coughing. You are welcome to call the office to make arrangements for us to pick up your rent check. We can also answer any questions you have about your property over the phone. Please wear a mask if you do come to the office. Thank you for helping us all safe & healthy.

HAPPY BIRTHDAY TO THOSE BORN IN NOVEMBER & DECEMBER!



LAKE COUNTY SENIOR CENTERS CLOSED UNTIL AT LEAST JANUARY 2021

At the recommendation of the Lake County General Health District, Lake County senior centers have decided to remain closed until 2021.

- Mentor – 440-974-5725, 8484 Munson Rd.
- Painesville – 440-853-2004, 933 Mentor Ave., Suite 60
- Fairport Harbor – 440-354-3674, 1380 East St.
- Eastlake – 440-975-4268, 1580 E. 332nd St.
- Willowick – 440-585-5112, 321 E31st St.
- Willoughby – 440-951-2832, 36939 Ridge Rd.

Mentor Senior Center is providing virtual fitness and health classes, as well as a water exercise class in conjunction with Heisley Racquet Club, virtual program options and curbside food options during the closure. For details, contact them at the number above or visit, cityofmentor.com.



SEWER MAINTENANCE

Please **DO NOT** flush wipes. Despite what packaging may say, they are not biodegradable and clog up the sewer system. They must be placed in the trash.

MEDICARE 2020 OPEN ENROLLMENT STARTED OCT. 15 & ENDS DEC. 7, 2020

Contact the Lake County Council on Aging at 440-205-8111 or visit the “new & events: tab at www.lcco.org for programs & help.

LEAF & SPECIAL PICKUPS



Leaf pickups will be Mondays & Fridays. A memo announcing the last week will be sent & the sign at the front will be updated. Televisions and other large electronic appliances are subject to certain days for pickup. Dates will be posted.

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CHILI & HOT DOG EVENT A HIT!



We had nice chili & hot dog picnic October 22nd. Everyone wore a mask & practiced social distancing while enjoying themselves & the food.



**Lake County Council on Aging Can Help
 You Save Money This Winter**

The Lake County Council on Aging offers direct service programs for those 60 years of age & older including HEAP to assist Ohioans with paying their utility bills July 2020 through May 2021 Call **440-205-8111** or visit www.lcco.org to learn more.

LAKE COUNTY COUNCIL ON AGING

While the office is closed during the crisis, staff is available by phone to provide information The Lake County Council on Aging offers service programs for those 60 years of age or older, including: case management, nutrition services, in-home safety, homemaker services, Medicare help, information and referral, & much more. Information & assistance specialist are available Mon. – Fri., 8:30 am – 4:30 pm. Call 440-205-8111 or visit www.lcco.org for more info & updates.

SOME LAKE COUNTY SENIOR RESOURCES

Lake County Council on Aging at 440-205-8111 or www.lcco.org

Senior Services on the Commissioners’ web site at <http://www.lakecountyohio.gov/commissioners/seniorservices.aspx>

Mentor Senior Center at 440-974-5725, 440-255-1100 ext. 7500 or www.cityofmentor.com

GET THE FLU SHOT, NOT THE FLU!

Seasonal flu vaccinations are widely available this year & help prevent the flu & help reduce severity if you get the flu. If you are over 65, talk to your healthcare provider about the stronger vaccine. Check with your doctor regarding getting your vaccination today.



SEASONAL FLU OR COVID-19?

Seasonal flu & Covid-19 are two different viruses and are both infectious respiratory illnesses. The symptoms can appear in either illness & vary from person to person.

SYMPTOM CHECKER

SEASONAL FLU	SYMPTOM	COVID-19
None	Loss of Taste or Smell	Sometimes
Frequently	Cough	Frequently
Frequently	Fever	Frequently
Sometimes	Shortness of Breath	Frequently
Frequently	Fatigue	Frequently
Frequently	Aches or Pains	Sometimes
Frequently	Headaches	Sometimes
Sometimes	Sore Throat	Sometimes
Sometimes	Nausea or Vomiting	Sometimes
Sometimes	Diarrhea	Sometimes
Frequently	Stuffy or Runny Nose	Rarely
Rarely	Sneezing	Rarely

Covid-19 symptoms may be mild or severe and may appear two to 14 days after exposure to the virus. With Covid-19, you can carry the illness & be contagious with very mild or no symptoms. (Per Lake Health brochure sourced from WHO & CDC.)



NOT FEELING YOUR BEST?

DON'T IGNORE SIGNS YOU MAY NEED URGENT CARE!

If you have any of the following EMERGENCY WARNING SIGNS seek help IMMEDIATELY:

- *Trouble breathing
 - *Persistent pain or pressure in the chest.
 - *New confusion or inability to arouse
 - *Bluish lips or face
- Above is not all inclusive. Contact your medical provider with any sever symptoms or those that concern you.

BE SURE to maintain routine, preventive care & management of chronic conditions (diabetes, blood pressure).

WHATEVER THE CASE, GET WELL SOON!

Visit us on Facebook.