

AVENUE WOODS

NEWS

JANUARY – FEBRUARY 2021

www.avenuewoods.com



DATES TO KEEP IN MIND

Jan. 1st – New Year's Day
Jan. 18th - Martin Luther King Day
Feb. 2nd – Ground Hog Day
Feb. 7th – Super bowl LV (55)
Feb. 12th - Chinese New Year (Ox)
Feb. 12th – Lincoln's Birthday
Feb. 14th – Valentine's Day
Feb. 15th – President's Day
Feb. 17th – Ash Wednesday
Feb. 22nd – Washington's Birthday

2021 INCOME TAX ASSISTANCE

AARP Foundation TaxAide organization plans to provide tax preparation services in Lake County in 2021. Due to COVID, things will be different. The Mentor Senior Center hopes to have information regarding appointment requests & operations available by Mid-January. When specific info is received from AARP, it will be posted on the Mentor Senior Center's website at mentorseniorcenter.com & an email blast will be sent to 2020 members.

CURBSIDE MEALS AVAILABLE AT MENTOR SENIOR CTR.

Made from scratch meals are available for curbside pick-up Mon.-Fri., 11:30 am – 12:00 pm. Lunch reservations are \$4.50 per meal & can be made online or by phone at 440-974-5725 & paid for with a credit card. Visit the website at mentorseniorcenter.com for details & monthly menus.

**HAPPY BIRTHDAY
JANUARY & FEBRUARY
"BABIES"!**



**NEW RESIDENTS OF AVENUE
WOODS!**

Visit us at our Facebook page for what's happening in the community.
New to Mentor? Get a New Resident Packet by calling 440-974-5794 or email pubinfo@cityofmentor.com.

COVID VACCINES COMING!

Covid vaccines have been approved & are currently being distributed to millions, but the process will take time. Keep your eyes & ears open for announcements. Even if you get vaccinated, it is important that you follow the Covid protocols until further notice.

- **Wash your hands often.**
- **Stay at least 6 feet (about 2 arms' length) from other people.**
- **Wear facial coverings in public.**
- **Stay home as much as possible.**

WE'RE HAPPY TO HELP YOU STAY SAFE

In order to help everyone stay safe, please do not come to office if you are sick or coughing. You are welcome to call the office to make arrangements for us to pick up your rent check. We can also answer any questions you have about your property over the phone. Please wear a mask if you do come to the office. Thank you for helping all of us stay safe & healthy.

HEAP Can Help You Save Money This Winter

The Lake County Council on Aging offers direct service programs for those 60 years of age & older including HEAP to assist Ohioans with paying their utility bills July 2020 through May 2021 Call **440-205-8111** or visit www.lccoa.org to learn more.

LAKE COUNTY COUNCIL ON AGING

While the office is closed during the crisis, staff is available by phone to provide information The Lake County Council on Aging offers service programs for those 60 years of age or older, including: case management, nutrition services, in-home safety, homemaker services, Medicare help, information and referral, & much more. Information & assistance specialist are available Mon. – Fri., 8:30 am – 4:30 pm. Call 440-205-8111 or visit www.lccoa.org for more info & updates.



Get Well Wishes to those not feeling their best.

☞☞☞☞☞☞ **MORE** ☞☞☞☞☞☞

SOME LAKE COUNTY SENIOR RESOURCES

Lake County Council on Aging at 440-205-8111 or www.lccoa.org

Senior Services on the Commissioners' web site at <http://www.lakecountyohio.gov/commissioners/seniorservices.aspx>

Mentor Senior Center at 440-974-5725, 440-255-1100 ext. 7500 or www.cityofmentor.com.

LAKE COUNTY SENIOR CENTERS CLOSED REMAIN CLOSED

Mentor Senior Center is providing virtual **fitness and health classes, as well as a water exercise class in conjunction with Heisley Racquet Club, virtual program options and curbside food options during the closure.** For details, contact them at the number above or visit, cityofmentor.com.

Lake County senior centers remain closed, but some, like Mentor may be offering virtual programs. Check with the individual senior center.

- Mentor – 440-974-5725, 8484 Munson Rd.
- Painesville – 440-853-2004, 933 Mentor Ave., Suite 60
- Fairport Harbor – 440-354-3674, 1380 East St.
- Eastlake – 440-975-4268, 1580 E. 332nd St.
- Willowick – 440-585-5112, 321 E31st St.
- Willoughby – 440-951-2832, 36939 Ridge Rd.

GET THE FLU SHOT, NOT THE FLU!

Seasonal flu vaccinations are widely available this year & help prevent the flu & help reduce severity if you get the flu. If you are over 65, talk to your healthcare provider about the stronger vaccine. Check with your doctor regarding getting your vaccination today.



Special Collections Coming in 2021

All collections will be located at 1301 Mentor Ave., Painesville Township & sponsored by the Lake County Board of Commissioners, Solid Waste District, Ohio State Extension & the Dept. of Utilities. More details will be in the Newsletter closer to each collection.

Electronics – April 24th & August 14th; 8 am – 2 pm

Tires – May 1st; 8 am – 2 pm

Television – May 8th & August 14th; 8 am – 2 pm

Hazardous Waste – June 5th & September 25th; 8 am – 2 pm



T.R.'s MAINTENANCE CORNER



Did you know that the two most expensive components of your home to repair or replace are the furnace/AC and your roof?

Regular maintenance of both can extend their lives and avoid costly repairs. Please consider changing or cleaning your furnace filter once every quarter. When replacing the filter fine filters are not always the best as they make the fan work harder to move air. A "looser" filter can allow air flow and filter the air.

Roofs: Home and Shed

As the weather turns in a few months please take a look at your roofs. Mold and moss are signs that your roof may need attention. Moss holds water and when it freezes it can cause damage to the shingle and over time accelerates the failure of the system.

For you do it yourselves - a chemical can be sprayed on the shingles that over the course of a few to several weeks will kill the moss. Please feel free to "Google" other options to spray on your roof. Depending on the amount of moss - you may need a few applications.

Be sure to check your shed too.

We will offer a service to treat mold and pressure wash homes beginning April/May.

DON'T BE A VICTIM OF SENIOR SCAMS

Senior fraud accounts for more than 3 billion dollars in losses each year. Below are some common schemes:

Romantic Scam – Criminals pose as possible romantic partners.

Tech Support Scam – Usually a call that alleges the victim has a computer problem.

IRS – Criminals call posing as an IRS agent & demands immediate payments.

Sweepstakes/Charity Scam – Call soliciting money for either claiming a prize or donating to a so-called charity.

Grandparent Scam – A call alleging that a grandchild is in trouble & needs money.

Home Repair Scam – Scammer shows up at the victim's home proposing to do repairs.

Family/Caregiver – relatives or those taking care of a senior take advantage of their trust.

See the [Mentor Winter 2020 Special Edition Community Newsletter](#) for more info. (This info take from that publication.)